BISHOP WILLIAM WARD C OF E PRIMARY SCHOOL

SEX AND RELATIONSHIP EDUCATION POLICY

This policy seeks to explain how the school endeavours to provide all pupils with knowledge, skills and attitudes that will enable them to make positive and healthy choices concerning sex and relationships, as they grow up and to deal with risk.

It is recognised that the learning objectives of Sex and Relationship Education will be achieved through a wider PSHE curriculum, the Science curriculum and other areas of the curriculum.

Sex and Relationship Education should always be viewed within the values framework and Christian ethos of the whole school. It is not just what is taught as part of a planned programme but pupils learn from the overall ethos of the school, from the attitudes of staff, from relationships within the school and from school practices.

Adults in school will always seek to answer children's questions honestly but will be careful not to provide more information than is appropriate. Questions of an explicit nature will be addressed with children on an individual basis and, where appropriate, parents will be informed.

More specifically the Sex and Relationship Education will be taught within a framework which models and encourages the following values:-

- A respect for self and others.
- Commitment and trust in relationships.
- Honesty with self and others.
- Compassion, forgiveness and care when people conform to different ways of life.

Parents have the right to withdraw their children from a school's sex education programme, other than those elements which are required by the National Curriculum for Science. Parents will be given advanced warning of the intention to teach explicit elements of sex education, including an outline of content, so that they may make informed decisions about whether or not to withdraw their children. This will also enable parents to support their children's understanding.

<u>Aims</u>

The aims of Sex and Relationship Education are:

- To increase understanding by building on what pupils think, feel and understand about the physical, emotional and social aspects of human sexual development.
- To develop the ability to make reasoned and informed moral decisions.
- To reduce anxiety by increasing understanding, recognising and valuing individual differences, be they to do with individual sexuality, rates of growth or family relationships.
- To create an atmosphere in which pupils feel able to ask questions and discuss sexual matters.
- To enable children to pass successfully and safely, from childhood through adolescence and into adult life.
- To establish an acceptable and appropriate sexual vocabulary.
- To develop a positive image of bodily functions and of parts of the human body.
- To give children the knowledge and understanding to know the difference between appropriate and inappropriate sexual behaviour.

Links with the Science curriculum and PSHE

At Key Stage 1 and 2 there are links with the Science curriculum - All Living Things and Animals, Including Humans

At KS1 pupils should be taught:

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- notice that animals, including humans, have offspring which grow into adults
- describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

At Upper KS2 pupils should be taught:

- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals.
- describe the changes as humans develop to old age. (inc puberty, gestation)
- describe how living things are classified into broad groups according to common observable characteristics and based on similarities and differences, including micro-organisms, plants and animals

Content within the PSHE curriculum which links with sex education includes:

- Myself/ourselves
- Choices
- Relationships
- Changes
- Feelings
- Dilemmas
- Body language
- Respect
- Developing self-confidence and good self-esteem

Resources

The following resources are available in school and may be used to support the teaching of sex education:

Health for Life – Noreen Whetton and Trefor Williams Citizenship: the challenge – Noreen Whetton and Margaret Collins All About Us, Living and Growing – Channel 4 materials (resource books and videos)

Hand in Hand – Emotional Development through Literature – J. Hunter, S. Phillips, N. Whetton

Organisation

The majority of the teaching will be the responsibility of the class teacher and children will usually be taught in their class groupings, but there may be occasions when this arrangement will differ.

The school may occasionally invite visitors, such as the school nurse, to address issues with the children.

Reviewed 28th January 2016

Next Review Spring 2018